

DIGGING IN*Getting the Scoop on God***THE SCOOP ON GOD****TAKING IT INWARD***Swimming Upstream***CHALLENGES/STRUGGLES**

My Reminder:

Prayerfully consider how the info you've uncovered about God can help you in the challenges and struggles discussed. In the space below write a reminder—a statement of determination you can easily remember based on 2 Timothy 1:1-10.

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If you don't have any challenges listed above—or if you have extra time—write out a reminder for when you find yourself in one or more of these situations:

1. When you face sexual (or other) temptation.
2. When you feel like the only person around trying to live a godly life.
3. When you're depressed or anxious about life.
4. When you're grieving a loss.
5. When friends or coworkers put you down because of your Christian faith.

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