

## JOURNAL PAGE MIDDLE SCHOOL SESSION 4

A PERSONAL RETREAT WITH GOD	
This Just In	
Read John 4:15-26. Put a cross to over every word for Jesus, including words such as y	ou, him, he, and I.
Now fill in the blanks with anything Jesus taught the woman (and us!) about worship.	
JESUS ON WORSHIP	
<b>4:23</b> True worshipers worship the Father in	
4:23 The Father	_ this kind of worshiper.
4:24 God is ; his worshipers worship him in	

Take a second to put yourself in this woman's shoes. When she first encountered Jesus, she saw him as an ordinary Jew. But by the end of this scene, Jesus had revealed himself to her as the Messiah! In the meantime, Jesus taught the woman about two important spiritual concepts: his living water and true worship.

Did you notice that as the woman listened to Jesus, she couldn't seem to break free from a *physical* mindset, even though he was talking about *spiritual* things?

□ Yes □ No

In what ways are you like this woman? It may help to think back to your magnets. What are some ways *physical* things distract you from *spiritual* things? List a few here:

2.		

1. \_\_\_\_\_

3. .

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Read John 4:13-14 again. Jesus used his surroundings to explain a truth to the woman. What would Jesus use if he were explaining this same truth to a middle schooler in a middle school cafeteria or gym?



The Perfect Metaphor

John 4 isn't the only place where God's Word uses water as a picture of salvation. Read the passage below from your Bible. As you read, jot down everything you learn about salvation and spiritual water.

	What do you learn about salvation and spiritual water?
John 7:37-39	
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## WRAPPING IT UP

## Jesus-Style Worship

Jesus wasn't just referring to Sunday-morning worship, but to a lifestyle of worship—how you address God 24/7. What distractions do you need to get rid of in order to worship daily in spirit and truth?