

# TRY THIS: tpoCriiy!



### Materials

 Each student will need a copy of the student page, which is the last page of this document.

# Intro

After your group has gathered, open with a brainstorm discussion of these questions:

Of all the miracles in the Bible, in your opinion, what is the best (or your favorite) display of God's power? Or, if you can't decide, what are your top three?

# Digging In

Share in your own words:

You don't have to read too far into the Bible to see that God has a lot of power. But His daily go-to power isn't seen in miraculous healings or in the suspension of natural laws. It's much more personal, and intimate. As you read about this power in the passages on your Scripture sheet, do this:

- Draw a mini-fireworks over the word "power" whenever you see it and a sunburst over the word "raised."
- After reading and marking the passage, write in the space on your student sheet everything these verses say about God's power and about anything that's raised.
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#### **God's Power/Anything Raised**

-We are able to know His incomparably great power. (Eph. 1:19)

-It's the same power He exerted when He raised Jesus from the dead .(Eph. 1:20)

- -The Spirit who raised Jesus from the dead is living in us. (Rom. 8:11)
- -This Spirit will give life to our mortal bodies. (Rom. 8:11)

-We have been raised with Christ. (Col. 3:1)

# **Taking It Inward**

Share in your own words:

Raising Jesus from the dead was no small feat. That act took some power! What's cool is that we have that same power available to us and we can know it intimately. Meditate on that truth for a few minutes. Think and pray about how this power can impact your life daily in areas such as these:

Family concerns	Temptations
Dating relationships	Emotions
Friendships	Attitudes
School stress	



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# Putting Into Practice

This resurrection power can give you the ability to do things that you never thought you could do: beat a recurring temptation, release a grudge, sacrificially give money or time, offer forgiveness, gain strength for a scary life situation, heal from a hurt, even ramp up your Bible time and prayer life.

Ask students to take a moment to complete the sentence below using the different prompts noted. Ask them to answer at least two prompts from each column on their student sheets.

I will resist	I will meditate on	I will give
		-
l can overcome	I will embrace	I will make
I will hope for	I will accept	l will start
r will hope joi		T WIN Start
I will avoid	I will forgive	I will quit
1 will avolu	Twiii jõrgive	r win quit
Lwill cook	L will love	
I will seek	I will love	

#### Because I can intimately know the power of Jesus' resurrection:

After a few minutes, ask for volunteer to share their responses.

Then share in your own words:

It's been said that if the devil can't get you to sin, then he'll make you busy. He will also try to make you forget (which can be a by-product of busyness). God has given us access to many powerful things, but if we forget we have those things, they do us no good. This is a truth you never want to forget: **the power of Christ's resurrection is in you.** So that you have a constant reminder, write the first letter of each word of that phrase on something you'll see every day:

## tpoCriiy!

In fact, join (or start!) the movement at #tpoCriiy!

Invite students to write down two or three ideas under Putting Into Practice on how they can encourage friends with the reminder that "tpoCriiy!"





# Digging In

# Ephesians 1:18-21

<sup>18</sup> I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, <sup>19</sup> and his incomparably great power for us who believe. That power is the same as the mighty strength <sup>20</sup> he exerted when he raised Christ from the dead and seated him at his right hand in the heavenly realms, <sup>21</sup> far above all rule and authority, power and dominion, and every name that is invoked, not only in the present age but also in the one to come.

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## Romans 8:11

<sup>11</sup> And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies because of his Spirit who lives in you.

## Colossians 3:1–4

<sup>1</sup> Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God. <sup>2</sup> Set your minds on things above, not on earthly things. <sup>3</sup> For you died, and your life is now hidden with Christ in God. <sup>4</sup> When Christ, who is your life, appears, then you also will appear with him in glory.

# **Putting Into Practice**

Because I can intimately know the power of Jesus' resurrection:

I will resist	I will meditate on	I will give
I can overcome	I will embrace	I will make
I will hope for	I will accept	I will start
I will avoid	I will forgive	I will quit
I will seek	I will love	