



Fold or Cut

VERY GOOD FRIDAY

By Barry Shafer

Quick Backdrop

Good Friday. Have you ever found yourself asking, "What was Good about Friday? That was a very dark day." Of course, it doesn't take long to pretty much answer your own question. The darkness of that original Good Friday had to happen to get to Awesome Sunday, or as we know it, Easter. But to those who were with Jesus on that original Friday, the day would not have been good. (BTW, you may want to Google "Why is it called Good Friday?").

① Digging In (God, Show Me!)

To step into the events of that original Good Friday, particularly through the eyes of those close followers of Jesus who were with Him through the crucifixion, grab your Bible (physical or e-Bible) and read the passages below. As you read, make a list of the people you see mentioned.

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Matthew 27:54-56

Mark 15:40-41

John 19:25-27: 38-42

Now Do This: Read Matthew's account of the events of the crucifixion (verse reference is below). As you read, make a note of anything the people above would have seen, particularly as it relates to Jesus. Feel free to add your own commentary about how these observations may have affected each person---knowing what you know about each person's interaction with Jesus throughout His ministry.

Matthew 27:27-61

Digging Deeper

Obviously, this day would not have been considered "good" by the people watching the events of that day. But here's the thing: everything bad of that day, blow by blow, was lifted up throughout the New Testament letters as not only absolutely necessary, but very, very good.

Digging Deeper (cont'd.)

Take a minute to read the New Testament passages below. You'll see a reference to something bad that happened to Jesus on that first Good Friday (it might be specific, it might be general). Make a note of that reference (i.e., suffering, blood) and then note what we get to enjoy (the good) because of the bad that happened to Jesus.

	THE BAD	THE GOOD
2 Corinthians 8:9		
Hebrews 2:10-11		
Hebrews 9:22		
Hebrews 13:11-13		
1 Peter 3:18		
1 Peter 1:18-19		
1 John 1:7		

Taking It Inward (God, Teach Me!)

The redeemed life that we get to enjoy would not have been possible without the events of that dark Friday. Take a moment to reflect on the connection between what Jesus' close friends observed on that traumatic day and the elements of salvation that we get to experience today. Write out a prayer to God that reflects your feelings.

Putting Into Practice (God, Change Me!)

You may have noticed in your faith journey a rock-solid pattern with God: He brings life out of death; He creates beauty out of ashes; He redeems pain and loss. But a fair question you might be asking: "How does that pattern help when I'm in the middle of bad stuff?" Here's a thought: We'd all rather not have to endure bad stuff. But we will. Perhaps our response can be similar to Jesus' on that dark Friday. He didn't try to escape, He patiently endured. His response gave the world a gift it would not have otherwise enjoyed: salvation. In a similar way, when we experience suffering, we get to experience things we would not have otherwise experienced, particularly, aspects of God. In fact, the apostle Paul taught us that our suffering creates an intimacy with Jesus that we likely would not have otherwise experienced. Reflect on this teaching in the passage noted below and write a personal paraphrase of the passage for any suffering or difficult situation you are experiencing at the moment.

Philippians 3:10-11