



## Atomizing and Applying 2 Peter 1:5-8

This exercise is an opportunity to inject into your life those great virtues listed in 2 Peter 1:5-8; to follow the instruction to “add” these virtues to your faith. The chart below lists the virtues along with prompts to help you see each virtue in your life and gain some quick wins in being productive and effective (Peter’s words) in your knowledge of Jesus Christ. For a deeper explanation of this exercise, see [this blogpost](#).

1. **What it might look like in daily life:** This column gives you an expanded, amplified definition of each virtue.
2. **Where to apply in your life:** Where in your life does each virtue have a weak spot?
3. **Add in increasing measure:** What baby step (a small-percentage change, or a “quick win”) can you take to increase the presence of each virtue in your faith?

### 2 Peter 1:5-8

*<sup>5</sup>For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge; <sup>6</sup>and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; <sup>7</sup>and to godliness, mutual affection; and to mutual affection, love. <sup>8</sup>For if you possess these qualities in increasing measure, they will keep you from being ineffective and unproductive in your knowledge of our Lord Jesus Christ.*

VIRTUE	WHAT IT MIGHT LOOK LIKE IN DAILY LIFE	WHERE TO APPLY IN YOUR LIFE	ADD IN INCREASING MEASURE (an incremental baby step in the right direction)
goodness	Moral excellence; doing the right thing, even when it’s not the easy way out		
knowledge	Spiritual insight, understanding, Bible engagement		
self-control	Mindful discipline, applied self-denial		
perseverance	Steadfastness, patience in action		
godliness	Daily reverence, exhibiting God-like traits when no one is watching		
mutual affection	Warm friendliness, familial kindness		
love	Unconditional, sacrificial love, loving those who don’t love back		