JOURNAL PAGE **HIGH SCHOOL 1** SESSION 3

DIGGING IN

Read Instructions before Engaging Life

Instructions	Last 30 Days	Next 30 Days

CROSS-CHECKING

Hear, Then Do

Read the Bible verses your leader asked you to read from the first column of the following chart. As you read, look for the answers to the questions in the second and third columns. Write them down.

Bible Passage	What Are We to Do?	What's the Promise?
Luke 11:28		
Matthew 7:24-25		
John 14:21		

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If you're asked to look for the bigger picture for one of the verses, look for answers to these questions:

- Whom was Jesus talking to and what was he saying?
- What action was taking place when Jesus said these words?
- Is the passage a part of a bigger teaching? What?
- What insight does this bigger picture bring to the passage?

What two-step process do you see in the passage?

Step 1:

Step 2:

DIGGING DEEPER

Doing the Two-Step

It's apparent that there are two steps we are to take with Jesus' words and commands: hear them and obey them. How are you doing with these two steps? Rate yourself on the scales below and then continue with the exercise that follows.

HEARING SCALE:

1	2	3	4	5	6	7	8	9	10
I haven't cracked a Bible in weeks <									> I have regular, invigorating time in God's Word

DOING SCALE:

1	2	3	4	5	6	7	8	9	10
In one ear, out the other <									> Making every effort to please God

Think for a minute about a 60-day stretch in your life—the past 30 days and the next 30 days. You'll notice two columns labeled with these headings in the chart under Digging In. Evaluate how well you've obeyed each instruction in the chart over the past 30 days. Give your response by putting a plus sign or a minus sign in the column labeled Last 30 Days beside each instruction. You can leave the Next 30 Days column blank. You'll be exploring it with your group.

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