JAMES 1:19-27
KEEP IT SIMPLE

TEACH IT **HIGH SCHOOL 1** SESSION 3

1. Materials

For this session each student will need—

- the James 1 Scripture sheet
- the student journal page for Session 3
- his or her own Bible, pen, and notebook

You'll also need—

- a whiteboard and markers
- colored pencils (at least two colors per student)
- optional: your church directory or local phone book

2. Session Intro

GOALS OF SESSION 3

As students experience this session, they will—

- discover the detailed instructions James gives for living out the Christian faith.
- explore what these instructions teach us about God and obedience.
- be challenged to use these detailed instructions as a gateway for discovering what God wants them to do.

PRAYER

After your students have gathered, open your session in prayer. Pray that they'll see the instructions given to us by James as a simple path to discovering God's will in their lives.

OPEN

God's Will Primer

After opening with prayer, get the discussion rolling with a few questions:

- **What are some ways people can know God's will?**
- **As you've started your high school years, have you begun asking questions about knowing God's will for your life?**
- **How do you discover God's will for your life?**

Transition into the next exercise by saying something like—

By the time we finish this session, we may find that discovering God's will is easier than we think.

3. Digging In

Read Instructions before Engaging Life

Draw your students' attention to their Scripture sheets and share the following—

1. **James often indicates a change in subject with the phrase *my brothers*. So think about what we could conclude about James 1:19.**

2. **Read James 1:19-27 using your Scripture sheets.**

3. **Using colored pencil, draw a cloud** **in one color over every reference to God.**

4. **Use another color to underline every mention of the readers of the letter.**

While the students are reading, draw the framework for the following two-column chart on the whiteboard. This is what it will look like after the students tell you the instructions found in James 1:19-27.

Instructions	Next 30 Days
Be quick to listen, slow to speak (1:19).	
Be slow to become angry (1:19).	
Get rid of all moral filth and evil (1:21).	
Humbly accept the Word planted in you (1:21).	
Do what the Word says (1:22).	
Keep a tight rein on your tongue (1:26).	
Look after orphans and widows in distress (1:27).	
Keep from being polluted by the world (1:27).	

After a few minutes, ask the group members to look back at the clouds they marked and discuss these questions:

What do you learn about God in this passage?
-He desires that we live a righteous life (1:20).
-He wants us to look after orphans and widows and keep ourselves from being polluted by the world (1:27).

Look back at the verses you marked about James' readers. What commands or instructions does James give his audience? As we list these on the whiteboard, we'll begin to see a picture of the righteous life James is referring to.

List their responses in the first column on the whiteboard, one instruction per line. Ask the students to write the same information on their journal pages.

4. Taking It Inward

From the Inside Out

Share that these instructions can be classified in two categories: our inner life and our outer life. Ask students to tell you which of these instructions are inner and which are outer. Have a volunteer come to the whiteboard and circle the inner-related instructions and draw a box around the outer-related instructions as the other students say which is which. Possible observations from the passage are noted in the following chart, but you may come to different conclusions about which category some instructions fit into.

Inner	Outer
-Be slow to become angry (1:19). *-Get rid of all moral filth and evil (1:21).* *-Humbly accept the Word planted in you (1:21).* *-Keep yourself from being polluted by the world (1:27).*	*-Be quick to listen, slow to speak (1:19).* *-Do what the Word says (1:22).* *-Keep a tight rein on your tongue (1:26).* *-Look after orphans and widows in distress (1:27).*

What did James say will happen if we do these things?
We will be blessed in what we do (1:25).

5. Cross-Checking

Hear, Then Do

God has always put a premium on doing his commands, which is why James could promise that we'll be blessed when we obey God's Word. Explain that the students are going to work in smaller groups, studying what Jesus had to say on this subject. Divide into three smaller groups and assign one of the three passages from the following chart to each group.

Share—

Each passage is a main point Jesus made about his words or teachings. Take some time with your group to explore the bigger picture of each passage by searching for answers to the questions on your journal pages. After you've come up with answers, put together a three-minute presentation to teach the rest of the group about the bigger picture surrounding the passage.

For your reference, the following chart provides answers for the chart the students will be filling out on their journal pages:

Bible Passage	What Are We to Do?	What's the Promise?
Luke 11:28	*Hear the word of God, and obey it.*	*We'll be blessed.*
Matthew 7:24-25	*Hear Jesus' words and put them into practice.*	*We'll have a stable foundation—a faith that won't fall.*
John 14:21	*Have Jesus' commands and obey them.*	*We'll be loved by the Father and Jesus; Jesus will show himself to us.*

After about 10 minutes, call the groups back together. Ask each small group to teach the rest of the group the bigger picture surrounding their passage. Their teaching should include the following—

- Whom was Jesus talking to and what was he saying?
- What action was taking place when Jesus said these words?
- Is the passage a part of a bigger teaching? What?
- What insight does this bigger picture bring to the passage?

After all the passages have been taught, ask—

In all of these passages, what two-step process does Jesus apply to his words and commands?
We need to know his commands and obey them.

6. Digging Deeper

Doing the Two-Step

Share with your students that they'll be doing this next exercise in solitude. Explain—

1. **Take your Bibles to places where you can have a little privacy with God.**

2. **Be sure to have your journal pages and pens.**

3. **Follow the instructions for the Digging Deeper exercise on your journal pages, and interact with God through prayer about the connection between hearing his Word and doing what it says.**

After a few minutes, call your group back together and ask—

How have you been doing with these two steps (knowing his commands and doing them) lately?

Ask volunteers to share where they rated themselves on the scales and what their rationale is.

HEARING SCALE:

1	2	3	4	5	6	7	8	9	10
I haven't cracked a Bible in weeks <								> I have regular, invigorating time in God's Word	

DOING SCALE:

1	2	3	4	5	6	7	8	9	10
In one ear, out the other <								> Making every effort to please God	

Explain that Jesus attaches some hefty promises to these two steps—a good indicator that they're crucial for Christians. Ask—

What adjustments do you need to make in your life in order to experience these promises?

7. Taking It Inward

So Act Already!

Granted, you and your group members are busy. The whole world is busy! But could it be that God is waiting for us to take James 1:22 more seriously? Spend the next few minutes strategizing ways you and your students can put

into practice the instructions they've uncovered in James 1. The following are some examples to help the group get out of the starting block:

We're going to close with a group work session to help each of us crank up the intensity for doing the Word. This Bible study is a great step to hear the Word better as we study a book of the Bible together. But what are some things we can do to put the Word into practice?

Refer to the instructions you have listed on the whiteboard, and ask students to refer to the column on the journal pages labeled Next 30 Days. Then ask—

How can we—as a group or as individuals—start obeying these instructions, or obey them more consistently? Take a minute to write down an idea or two for each instruction.

Encourage students to be specific. Give them a minute to write some ideas for each instruction in the column Next 30 Days on their journal pages. Then ask them to share their ideas and add them to the chart on the whiteboard. After you have some ideas written down, help students develop a plan for one or more of the ideas in the Next 30 Days column. Here are a couple of examples:

- When you get to the widows and orphans in 1:27, write on the whiteboard names of specific people the group can help. Have a church directory or phone book handy. Divvy up the names and phone numbers of these people. Have one or two students adopt a person for the next 30 days. Have them make a phone call, drop in for a visit, or volunteer to help with some chores.
- Take a 30-day fast from the things of the world. Your students will know what has the potential to pollute them—what they read, watch, listen to, or talk about. Ask them to write anywhere on their journal pages two or three things to avoid.

Finish this exercise with the following question:

What did James say will happen if we do these things?
We will be blessed in what we do (1:25).

8. Wrapping It Up

Start Simple

Use these questions to take your group back to the discussion at the beginning of the session.

Did today's Scripture make it easier to know God's will for your life? If so, in what ways?
Steer the discussion to conclude that when we do what God reveals in his Word, we're doing his will. When we look after widows and orphans in their distress and keep from being polluted by the world, we're doing what God accepts as pure and faultless—his will.

So if you want to discover God's will for your life, based on James, how would you get started?

Let the group discuss this one for a few minutes. Then wrap up with thoughts like this—

Obeying God in the simple things is a great starting point for obeying him in the bigger areas of life. For example, as you help out a widow in your neighborhood, God may see he can trust you with something else. He may move you on to another ministry that defines your life's calling, or he may simply bring more orphans and widows your way. By faithfully obeying God, you'll soon discover that you're doing his will for your life—and you'll be blessed in all you do.

Before closing in prayer, ask whether anyone would like to take up God on his idea of pursuing pure and faultless religion—ministry to widows or orphans. If so, pray a prayer of dedication for those who wish to pursue this type of ministry.